**Outdoor and Indoor Active Play Policy**

Children will be encouraged to join in active outdoor play every day for fresh air and exercise.

Parents, staff and children will work together to develop awareness of physical exercise and how it benefits our all round health. The nursery will provide challenging and stimulating activities and equipment both indoors and outdoors.

Staff will enable children to extend their learning and all round development through experiences linked to a curriculum.

Play equipment will be suitable for children’s age and stage of development and regularly checked by staff for continued safety.

 In order for children to access outdoor play they must have outdoor clothing which parents will be asked to supply – Wellies, waterproofs, hats etc.

We will keep parents up to date on active play through hand outs, newsletters, photos and our Facebook page updates.

Staff will receive in house training on active play. Nursery will access other professionals i.e. sports instructors, dance teachers, tumble tots, in order to give the children a wide variety of experiences.

Children will be involved in selecting new equipment to extend their learning.

**Safety outdoors**

* Outdoor area is checked every morning for safety, cleanliness and hazards.
* Outdoor play equipment closely monitored for safety.
* Children wear suitable outdoor clothes i.e. sunhats, weather suits.
* Sun cream will be applied if necessary.
* First aid equipment is easily available.
* Water will be available for the children at all times.
* Staff ratio’s will always be maintained.

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| **This policy was adopted on** | **Signed on behalf of the nursery** | **Date for review** |
| *March 2021* | *S A Johnstone* | *March 2022* |