



COVID-19 Update – April 2021

Dear parents,

We have now received an update regarding guidance on Covid-19 testing for anyone experiencing 'wider' symptoms.

Testing for Covid-19 based on 'wider' symptoms:

Health Boards in Wales are now making testing available for anyone who is experiencing a wider range of symptoms such as fatigue, myalgia (muscle ache or pain), a sore throat, a headache, a runny nose, nausea, vomiting, or diarrhoea.

If your child has any of the wider symptoms, advice is to stay at home and get a PCR test (normal swab test not a lateral flow test) as soon as possible. At that point other household members and any bubble group are **NOT** required to self-isolate. This will only be necessary on receipt of a positive PCR result.

Individuals who take a test because they have 'wider' symptoms are **NOT** required to isolate while they await their test result. This means your child can continue to attend nursery/school while they await their test result (your child must feel well enough to attend). However, if your child has diarrhoea and or vomiting, they **MUST NOT** attend nursery/school until they are symptom free for at least **48 hours** even if their Covid-19 test is negative.

Testing for Covid-19 based on Cardinal symptoms (new persistent cough, fever and/or loss of taste or smell):

Anyone who is experiencing one or more of the three cardinal COVID-19 symptoms (new persistent cough, fever and/or loss of taste or smell) **MUST** continue to follow the NHS Wales Test, Trace, Protect guidance on testing and isolation. All members of the household **MUST** self-isolate until a negative Covid-19 test has been received.

Any child with a temperature, new persistent cough or loss of taste or smell **MUST NOT** attend nursery.

If you have any further questions on the above information then please do not hesitate to contact us, more information can also be found on the Welsh Government website.

Many thanks,
Sally & Co.